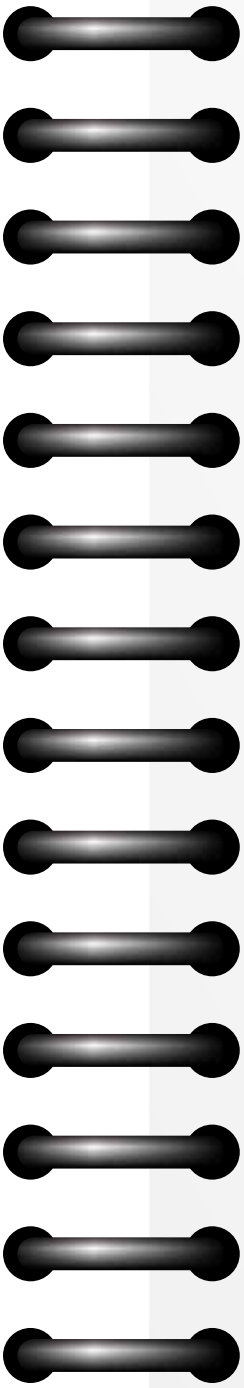
WRITE IT DOWN

Below you can write to one or both of your parents. Sometimes, it's nice to share your thoughts and feelings with a letter to express yourself and what's on your mind.



Dear: